

Tuesday 27 September 2011 - Issue 13-11/12



CAMPASPE PRIMARY CARE PARTNERSHIP TYPE 2 DIABETES CONSUMER INFORMATION PACKAGE

A Type 2 Diabetes Consumer Information Package has been developed by Campaspe PCP in conjunction with clinicians from Echuca Regional Health, Kyabram and District Health Services, Rochester and Elmore District Health Service and Rich River Health Group. The aim of this project is to provide a consistent resource package of diabetes information to all consumers newly diagnosed with Type 2 Diabetes within the Campaspe area. A consumer survey identified the need for consistent information for those newly diagnosed to avoid confusion and duplication. Please see attached flyer for further information about the package or contact Leanne Rankin, Integrated Chronic Disease Management Coordinator at Campaspe PCP on 54844481 or email: lrarkin@redhs.com.au



cdmNet-an exciting way to improve your management of GPMPs & TCAs (and your remuneration). GPs who signed up for RACGP early bird membership and trial of the Primary Care Sidebar will have access to cdmNet for a 90 day free trial also.

Your Primary Care Sidebar installation CD/USB stick should have arrived or will arrive this week, *(your free trial period will commence from your registration and will end after 3 months or 30 Dec 2011, whichever is first)*.

cdmNet webinars will be available to RACGP early bird members during October. The full series of webinars can be viewed at:

<http://www.racgp.org.au/ehealth/primarycaresidebar>

For those who want to learn a bit more go to [Understand more about cdmNet](#) or contact Brenda Fehring or Judith Murray

TOXICOLOGY SPRING FORUM 2011 AT BENDIGO HOSPITAL - FRIDAY 14 OCTOBER 2011, 10:00 – 15:00

Hosts: Victorian Poisons Information Service, Bendigo Hospital Emergency Department and Austin Hospital Clinical Toxicology Service. **No cost**

RSVP by October 7th (for catering purposes): Lynne.STANLEY@austin.org.au

Venue: Bendigo Regional Clinical School Auditorium

Who Should Attend: FACEM's, EM Trainees, GP's, Pharmacists, Clinicians interested in Toxicology

Topics that will be covered include

- Problematic backyard poisons (Dr Zeff Koutsogiannis)
- Cyanide antidotes (Professor George Braitberg)
- Organophosphate poisoning (Professor Andis Graudins)
- Poisonous Australian Fungi (Dr Tom May)
- What's new in Snakebite? (Dr Ben McKenzie)
- Spider bites (Dr Shaun Greene)

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IMG FELLOWSHIP SUPPORT GRANTS – CHANGED ELIGIBILITY CRITERIA

The RACGP has sourced funding from the Department of Health and Ageing to support international medical graduates (IMGs). The eligibility criteria for the RACGP IMG Fellowship Support Grants have been relaxed and funds are now available for all IMGs undertaking the practice eligible pathway working in an area of need or at risk of losing their Australian Health Practitioner Regulation Agency (AHPRA) registration in 2011 or 2012. For more information, visit

www.racgp.org.au/assessment/supportgrants Source RACGP Friday Facts 23 September

REGISTRATION RENEWAL—30 SEPTEMBER 2011

The new annual renewal date for most medical practitioners (except limited registrants) under the National Registration and Accreditation Scheme is by 30/10/2011

- 31 October 2011- end of the late renewal period. Late fees apply.
- 1 November 2011- registration lapses for all practitioners not renewed.
- 30 November 2011 - fast - track registration applications close.

Medical practitioners who do not apply to renew their registration by the due date, or within the late period, can apply to AHPRA for fast-track registration but cannot practise in the profession until that application has been granted. Fast-track registration is available for one month after the late period. AHPRA [http://www.ahpra.gov.au/](http://www.ahpra.gov.au)

Phone: 1300 419 495* (within Australia) Phone: +61 3 8708 9001* (overseas callers)



HEART FOUNDATION: HEART HEALTH NETWORK

ALDI has become the first supermarket chain to earn the Heart Foundation Tick for a wide range of healthier choices across its stores. By the end of 2011, more than 100 ALDI food items will have earned the Tick, with an ultimate aim of at least one quarter of ALDI's core range approved to use the Tick on pack by the end of 2012. ALDI has worked closely with its suppliers to improve the formulation of many products to make them eligible for the Tick. This has involved reducing the amount of saturated fat, sodium and kilojoules in products, and increasing the amount of healthier nutrients such as dietary fibre, vegetables, wholegrains, calcium and protein.

ALDI is also undertaking a voluntary reformulation program as part of the Food and Health Dialogue. Products that have been reformulated to meet the Tick criteria include everyday staples like breads, cooking sauces, margarine and yoghurts. Ninety two percent of ALDI's breads, rolls and English muffins now have less salt. And more than 50% have met the Tick's even higher standards of less salt, less saturated fat and more fibre.

The Heart Foundation conducted an audit of private label breads, rolls and English muffins from Woolworths and Coles. It was found that these products contained 20% more sodium than the ALDI Tick approved breads.



DID YOU KNOW???

- Registrars order 50% more pathology tests than GPs

Type 2 Diabetes

Consumer Information Package

This *Type 2 Diabetes Consumer Information Package* has been developed by Campaspe PCP in conjunction with clinicians from Echuca Regional Health, Kyabram and District Health Services, Rochester and Elmore District Health Service and Rich River Health Group. The aim of this project is to provide a consistent resource package of diabetes information to all consumers newly diagnosed with Type 2 diabetes within the Campaspe area. A consumer survey identified the need for consistent information for those newly diagnosed to avoid confusion and duplication.

The topics included within the package were clearly identified by the diabetes related clinicians and two web based sources provide easy access - clinicians can download these resources as they require using the links provided below. This allows access to the most recent versions of the information from credible sources. The web links are also available on the Campaspe PCP website <http://www.campaspepcp.com.au/icdm.php?page=links>.

The intention is that this resource can be used by any diabetes related service within Campaspe including GP practices. This resource is not designed to limit the information given to the individual. Clinicians are encouraged to use any other resources they think appropriate for consumers.

Topic	Source of Resource
What is diabetes?	Baker IDI http://www.bakeridi.edu.au/Assets/Files/What%20is%20diabetes%20revised%20version.pdf
Healthy Eating	Baker IDI http://www.bakeridi.edu.au/Assets/Files/Healthy%20eating%20and%20type%202%20diabetes.pdf
Physical Activity	Diabetes Outreach http://www.diabetesoutreach.org.au/consumer/Exercise_Apr11.pdf
Monitoring/management	Diabetes Outreach http://www.diabetesoutreach.org.au/consumer/BGM_Aug2011_FINAL.pdf
Cycle of care	Diabetes Outreach http://www.diabetesoutreach.org.au/consumer/Long%20Term_Aug10.pdf
Foot care	Diabetes Outreach http://www.diabetesoutreach.org.au/consumer/Footcare_Lowrisk_May11.pdf
NDSS: National Diabetes Services Scheme	NDSS website. http://www.ndss.com.au/Documents/NDSS/NDSS%20Forms/NDSSRegistrationForm.pdf
Vic Roads brochure	Order from VIC Roads Bookshop ph: 9854 2782 "Diabetes and Driving."
ATSI information	Diabetes Victoria http://www.diabetesvic.org.au/health-professionals/resources

For further information please contact;

Leanne Rankin, Integrated Chronic Disease Management Coordinator, Campaspe PCP on ph:5484 4481 or email: lraink@redhs.com.au.

Acknowledgements

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- Kristen Brown, Dietitian, Kyabram and District Health Services
- Lisa Farrant, Podiatrist, Rochester and Elmore District Health Service and Echuca Regional Health
- Norma Oliver, Credentialed Diabetes Educator, Echuca Regional Health
- Danielle Paterson, Dietitian, Rochester and Elmore District Health Service and Echuca Regional Health
- Wendy Pogue, Credentialed Diabetes Educator, Kyabram and District Health Service
- Leanne Rankin, Credentialed Diabetes Educator, Rochester and Elmore District Health Service and Integrated Chronic Disease Management Coordinator, Campaspe PCP
- Di Roberts, Chronic Disease Management Coordinator, Kyabram and District Health Services
- Donna Robertson, Credentialed Diabetes Educator Echuca Regional Health and Echuca Moama Family Medical Practice
- Heidi Williams, Credentialed Diabetes Educator Rich River Health Group

Also a special thankyou to the 18 consumers who undertook surveys.